

## **SCHOOL WELLNESS**

Nutrition and physical activity are known to influence a child's development, potential for learning, overall sense of well-being, and risk of illness through adulthood. Students who practice good nutrition and engage in daily physical activity attend school with bodies and minds ready to take advantage of the learning environment. The District, therefore, encourages all members of the community to help create and support a school environment that emphasizes healthy, life-long habits of good nutrition and physical activity.

The District shall also maintain, implement, and inform the school community and general public about a local school wellness policy that meets the requirements of federal law. The local school wellness policy required by federal law (hereinafter referred to as the District's "Wellness Plan") is a written plan that includes methods to promote student wellness, prevent and reduce childhood obesity, and provide assurance that school meals and other food and beverages sold and otherwise made available to students on the school campus during the school day are consistent with applicable minimum nutritional guidelines and standards.

Various stakeholders will be given the opportunity to participate in the development, implementation, and periodic review and updating of the District's Wellness Plan. The District Administrator shall review and has discretionary authority to approve, reject, and modify the content of the District Wellness Plan, including any recommendations for future changes to the Plan. However, if the District Administrator determines that approval of the Plan (or any future modifications) would require a budget amendment or a change or waiver of any Board policy, or if the District Administrator for any other reason wishes to seek formal Board approval, he/she shall present the specific issue(s) or the entire Wellness Plan for Board approval.

The Board delegates primary administrative oversight of this policy and the District's local Wellness Plan to District Administrator, who shall:

1. Direct and monitor the District-wide implementation of the District's Wellness Plan and related nutrition guidelines, including monitoring school-level compliance with the Plan;
2. Oversee the periodic evaluation of the Wellness Plan and its implementation at least as often as such formal assessments are required under applicable regulations, including having primary responsibility for ensuring the timely preparation of a written report following each such assessment;
3. Ensure opportunities for stakeholder group involvement in the development, implementation, and periodic review and updating of the District's Wellness Plan in a manner that is consistent with the requirements of applicable federal regulations and the specific content of the Wellness Plan;
4. Keep the Board and the broader community informed of the Wellness Plan, the District's and each applicable school's progress toward achieving Wellness Plan goals, and any recommendations for changes and improvements to the Plan, including any changes that are based on the results of a formal assessment; and
5. Establish recordkeeping procedures that are consistent with applicable federal regulations and any Department of Public Instruction (DPI) guidelines.

**NOTICE:** The United States Department of Agriculture is an equal opportunity provider and employer. The School District of Rib Lake is also an equal opportunity provider and employer.

**LEGAL REFERENCES:**

**Wisconsin Statutes**

Section 93.49	[farm-to-school programs]
Section 118.01(2)(d)2	[instructional program goals related to nutrition and physical education]
Section 118.12	[sales and promotions on school premises, including the sale of milk and other beverages]
Section 118.33	[high school graduation requirements, including physical education]
Section 120.13(17)	[school board power to authorize the temporary use of school facilities, including the recreational use of school facilities]
Section 120.13(19)	[school board power to provide community programs]
Section 121.02(1)(f)	[school district standard; minimum hours of direct student instruction]
Section 121.02(1)(j)	[school district standard; health and physical education]

**Wisconsin Administrative Code**

PI 8.01(2)(j)2	[physical education rules]
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**Federal Laws**

42 U.S.C. §1758b	[statutory school wellness policy requirements]
42 U.S.C. Ch. 13	[National School Lunch Act provisions, generally]
7 C.F.R. Part 210	[USDA regulations implementing the National School Lunch Act, as amended, including the local school wellness policy regulations]
7 C.F.R. Part 220	[USDA regulations implementing the School Breakfast Program under the Child Nutrition Act, as amended]

**CROSS REFERENCES:**

458 Rule School Wellness Plan Procedures

**ADOPTED:** December 14, 2006

**REVISED:** January 11, 2007

March 10, 2015

March 15, 2018